



APRIL 2008

STANDARD THERAPEUTIC USE EXEMPTIONS

PURE
PERFORMANCE

HOTLINE 1800 020 506 T 13 000 ASADA (13 000 27232) W www.asada.gov.au

AS AN ATHLETE WHAT STEPS MUST I FOLLOW TO APPLY FOR A STANDARD THERAPEUTIC USE EXEMPTION?

- > Download an Australian Sports Drug Medical Advisory Committee (ASDMAC) Standard Therapeutic Use Exemption (STUE) form from www.asdmac.org.au; or www.asada.gov.au and complete it with your doctor.
- > Submit the complete, signed application form, together with all supporting clinical evidence to ASDMAC via:
 - > **mail** PO Box 345, Curtin ACT 2605;
 - > **email** asdmac@asda.org.au; or
 - > **fax** 02 6222 4262.

HOW DO I KNOW IF MY APPLICATION HAS BEEN APPROVED OR REJECTED?

- > Once all documentation is received, on average, applications take average three weeks to process. Once ASDMAC has made its decision, you will be advised in writing if your application has been approved or rejected.

WILL MY DOCTOR AND NSO BE ADVISED OF MY STUE APPROVAL OR REJECTION?

- > ASDMAC will only advise the athlete's doctor or NSO if the STUE is approved.

WHEN CAN I BEGIN TAKING THE MEDICATION?

- > Athletes may only begin treatment after receiving an authorisation notice in writing from ASDMAC except in the rare case of an acute life threatening condition, for which retrospective therapeutic use approval may be considered.

ATHLETES MUST NOT START TREATMENT UNTIL THEY RECEIVE WRITTEN CONFIRMATION FROM ASDMAC OF THEIR STUE APPROVAL.

DOES AN STUE EXPIRE?

- > Yes. For all STUE renewals a review letter from the athlete's doctor must be provided to ASDMAC (Up to date clinical review letters must be provided with all applications for renewal of an STUE).

CAN I APPEAL IF I'M NOT SATISFIED WITH THE DECISION OF ASDMAC?

- > Depending on your level as an athlete and your sport, you may appeal a decision by ASDMAC to not grant you a TUE, to either the court of Arbitration for Sport or to another tribunal.

IS THE STUE PROCESS DIFFERENT FOR ATHLETES COMPETING AT AN INTERNATIONAL LEVEL?

- > Yes. The athlete must contact their NSO or International Federation (IF) to check if the IF recognises ASDMAC approved STUEs. If the IF does not recognise ASDMAC approved STUEs the athlete should contact their IF to ensure they comply with their STUE process.

WHAT IS ASDMAC AND WHAT DO THEY COMPLY WITH?

- > ASDMAC Australia's Therapeutic Use Exemption Committee (TUEC). It is an independent body that complies with Australian privacy legislation, the WADA code and the International Standard for Therapeutic Use Exemptions.