



Australian Government

**Australian Sports
Anti-Doping Authority**

MEDIA RELEASE

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DOPING VIOLATION

Two-year sporting ban for QRL player Jim Ahmat

The Australian Sports Anti-Doping Authority (ASADA) today acknowledged the decision of the Queensland Rugby League (QRL) to impose a two-year sporting ban on Jim Ahmat for the presence and use of methylhexaneamine.

This prohibited substance was detected in a sample ASADA collected in-competition from Mr Ahmat at the QRL Regional Carnival at Pizzey Park, Gold Coast on 11 June 2011.

Mr Ahmat's ban for the presence and use of methylhexaneamine means he is ineligible to participate, as an athlete or support person, in any sport that has adopted a World Anti-Doping Agency compliant anti-doping policy until 15 November 2013.

Methylhexaneamine, also referred to as dimethylamylamine and dimethylpentylamine, is classed as an S6 stimulant on the World Anti-Doping Agency's Prohibited List and is prohibited in-competition.

Generally, stimulants act directly on the central nervous system to speed up parts of the brain and body. They can increase alertness and reduce fatigue in athletes.

ASADA is continuing to work with the sporting community to educate athletes and support personnel about this substance and supplements. Any athletes unaware of their responsibilities are encouraged to seek additional information online at ASADA's website www.asada.gov.au

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