



9 November 2011

DOPING VIOLATION

Two-year sporting ban for bodybuilder Christine Zadel

The Australian Sports Anti-Doping Authority (ASADA) today acknowledged the decision of the International Natural Bodybuilding Association (INBA) to impose a two-year sporting ban on Christine Zadel for the presence and use of clenbuterol and the use of glycerol.

Clenbuterol was detected in a sample ASADA collected in-competition from Ms Zadel at the NSW INBA Bodybuilding Titles in Castle Hills, Sydney on 26 September 2010. During the sample collection process, Ms Zadel also admitted that she had used glycerol the previous day.

Ms Zadel's ban, which was backdated to the date of her provisional suspension, means she is ineligible to participate, as an athlete or support person, in any sport that has adopted a World Anti-Doping Agency compliant anti-doping policy until 29 October 2012.

The results she obtained at the event are also disqualified and any medals, points and prizes awarded to her are forfeited.

Clenbuterol and glycerol are prohibited under the World Anti-Doping Code (the Code) and carry potentially serious penalties, including a lifetime ban for second offences.

Unsupervised use of clenbuterol can worsen pre-existing heart conditions or hypertension, and there is a risk of overdose and stroke when used at high doses. It is a potentially dangerous drug that, as well as being banned under the Code, is not approved for human use in Australia.

Glycerol is categorised as a masking agent under the Code. The World Anti-Doping Agency has recently clarified that glycerol is prohibited as a plasma expander which requires the ingestion of quantities far beyond that which are commonly found in foodstuffs and toiletries. ASADA recommends that athletes should not ingest or use glycerol for practices such as hyper-hydration.

Any athletes unaware of their anti-doping responsibilities are encouraged to seek additional information online at ASADA's website www.asada.gov.au

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