



19 August 2011

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## DOPING VIOLATION

### Two-year sporting ban for bodybuilder Bill Cairns

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The Australian Sports Anti-Doping Authority (ASADA) today acknowledged the decision of the International Natural Bodybuilding Association (INBA) to impose a two-year sporting ban on Bill Cairns for testing positive to methylhexaneamine.

This prohibited substance was detected in a sample ASADA collected in-competition from Mr Cairns at the INBA Australian Titles in Melbourne on 9 October 2010.

Mr Cairns' ban for the presence of methylhexaneamine means he is ineligible to participate, as an athlete or support person, in any sport that has adopted a World Anti-Doping Agency compliant anti-doping policy until 8 June 2013.

The results he obtained at the event are also disqualified and any medals, points and prizes awarded to him are forfeited.

INBA's decision to impose the two-year ban had been appealed by Mr Cairns in the Court of Arbitration for Sport, but the appeal was recently withdrawn. Accordingly, the matter has now been finalised.

Methylhexaneamine, also referred to as dimethylamylamine and dimethylpentylamine, is classed as an S6 stimulant on the World Anti-Doping Agency's Prohibited List and is prohibited in-competition.

Generally, stimulants act directly on the central nervous system to speed up parts of the brain and body. They can increase alertness and reduce fatigue in athletes.

ASADA is continuing to work with the sporting community to educate athletes and support personnel about this substance and supplements. Any athletes unaware of their responsibilities are encouraged to seek additional information online at ASADA's website [www.asada.gov.au](http://www.asada.gov.au)

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